



# FMMEC 2026



## FIELD MARSHAL MANEKSHAW ESSAY COMPETITION

# FIELD MARSHAL MANEKSHAW ESSAY COMPETITION (FMMEC) 2026

1. The Field Marshal Manekshaw Essay Competition (FMMEC) has been a flagship endeavor, since 2019, by CLAWS an Indian Army affiliated think tank.
2. CLAWS focuses on National Security and Strategic Studies including Global & Regional Security, Military Strategy & Doctrine, Military Technology & Defence Acquisition, and Economy & Security Studies. Hence, the FMMEC aims to promote fresh thoughts on National Security in our youth. National Security encompasses all types of traditional and non- traditional threats.
3. This competition is intended to provide an opportunity to university students, Young Scholars, and Serving Armed Forces Officers to present their understanding/analysis of emerging security challenges. Accordingly, CLAWS invites young scholars from Universities and Serving Officers from Army, Air Force, Navy, Coast Gd, PMF and CAPFs, with service of up to ten (10) years (as on 31 December 2026), to write an article on any of the following themes.

## 3.1 For University Students & Young Scholars (Cat A)

- 3.1.1 The Return of Great-Power Rivalry: How Contemporary Wars are Reshaping the International Order
- 3.1.2 Atmanirbhar Defence: Role of India's Defence-Industrial Push to Deliver Real Strategic Advantage by 2030s.

## 3.2 For Serving Officers (Cat B)

- 3.2.1 War under Conditions of Power Asymmetry: Strategy and Adaptation
- 3.2.2 Networks and Data Centricity in Modern Warfare : The Next Phase of Transformation in Indian Armed Forces

4. The article is to be submitted as Field Marshal Manekshaw Essay in 2500- 3500 words. The articles will be adjudged in separate categories. Top Four (04) papers each [Cat A - University Students & Young Scholars and Cat B-Serving Officers] would be awarded with cash prize, certificate, and memento.

5. Instructions:

- a. All candidates must register for the FMMEC Competition using the following registration link:



<https://forms.office.com/r/tGEDvBNZ3A>

\* Tap or Scan the QR Code to go to the registration form, the Link is embedded

b. All candidates need to register in the given Google Form to enable proper indexing. The completed paper along with an abstract of 100 words and five (05) keywords are to be submitted by 31/06/2026. \*

c. In addition, Serving Officers must attach a CLEARANCE CERTIFICATE obtained from their parent organization.

\*NB: The paper should be original and AI & plagiarism report (from an authentic source like Turnitin, etc.) should be attached along with the submission.

#### 6. Eligibility Conditions:

a. Category A: Indian Students pursuing Graduation or above studies.

b. Category B: Serving Officers from the Army, Air Force, Navy, Coast Gd, PMF and CAPFs, with service of up to ten (10) years (as on 31 December 2026).

#### 7. Review and Results:

a. The Screening Committee will review all papers that have been submitted on time and in the correct format (Style Sheet Attached in Para 12)

b. Results would be notified on the CLAWS Website (<https://www.claws.in/>). Winners will be informed about the awards ceremony via email separately.

#### 9. Award(s):

Prize**	Field Marshal Manekshaw Essay	
	Category A (University Students)	Category B (Serving Officers)
First	INR 25,000/-	INR 25,000/-
Second	INR 20,000/-	INR 20,000/-
Third	INR 15,000/-	INR 15,000/-
Fourth	INR 10,000/-	INR 10,000/-

\*\* Memento, Certificate of Appreciation, post-revision publication at CLAWS.

#### 10. Important Dates to Remember

31/07/2026	Submission of completed paper along with Abstract, Keywords, Plagiarism Report, Clearance Certificate (For Serving Officers) and Registration via Registration Forms
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11. Evaluation: Marks will be given based on the following: -

- a. Original content and thoughts.
- b. If it throws fresh light on the subject.
- c. Suitable for publication.
- d. Depicts good understanding of the subject.
- e. Thought, logic, analysis of the theme.
- f. Language/expression/following of the reference style sheet.

12. Stylesheet:

While referencing the Latest APA 7th Edition format should be utilized for formatting and referencing, with In-text citation.

An example format is attached herewith.

13. Submission

All submissions must be emailed to [fmmeclaws@gmail.com](mailto:fmmeclaws@gmail.com) accompanied by necessary documents, In case of any queries you may also email us as well

Contact : +91-9311950042



7th edition

# Common Reference Examples

This guide contains examples of common types of APA Style references. Section numbers indicate where to find the examples in the *Publication Manual of the American Psychological Association* (7th ed.).

More information on references and reference examples are in Chapters 9 and 10 of the *Publication Manual* as well as the *Concise Guide to APA Style* (7th ed.). Also see the [Reference Examples](#) pages on the APA Style website.

## Journal Article (Section 10.1)

Edwards, A. A., Steacy, L. M., Siegelman, N., Rigobon, V. M., Kearns, D. M., Rueckl, J. G., & Compton, D. L. (2022). Unpacking the unique relationship between set for variability and word reading development: Examining word- and child-level predictors of performance. *Journal of Educational Psychology*, 114(6), 1242–1256. <https://doi.org/10.1037/edu0000696>

## Online Magazine Article (Section 10.1)

Thomson, J. (2022, September 8). Massive, strange white structures appear on Utah's Great Salt Lake. *Newsweek*. <https://www.newsweek.com/mysterious-mounds-great-salt-lake-utah-explained-mirabilite-1741151>

## Print Magazine Article (Section 10.1)

Nicholl, K. (2020, May). A royal spark. *Vanity Fair*, 62(5), 56–65, 100.

## Online Newspaper Article (Section 10.1)

Bernstein, J. (2024, June 3). The man who couldn't stop going to college. *The New York Times*. <https://www.nytimes.com/2024/06/03/magazine/benjamin-bolger-college-harvard-yale.html>

## Print Newspaper Article (Section 10.1)

Reynolds, G. (2019, April 9). Different strokes for athletic hearts. *The New York Times*, D4.

### **Blog Post (Section 10.1)**

Rutledge, P. (2024, April 23). Are tweens too young for digital literacy? *Dr. Pam: Living With Media*. <https://www.pamelarutledge.com/are-tweens-too-young-for-digital-literacy/>

### **Authored Book (Section 10.2)**

Levenson, H., Jinich, S., Vaz, A., & Rousmaniere, T. (2025). *Deliberate practice in emotionally focused couple therapy*. American Psychological Association. <https://doi.org/10.1037/0000436-000>

### **Edited Book Chapter (Section 10.3)**

Zelege, W. A., Hughes, T. L., & Drozda, N. (2020). Home–school collaboration to promote mind–body health. In C. Maykel & M. A. Bray (Eds.), *Promoting mind–body health in schools: Interventions for mental health professionals* (pp. 11–26). American Psychological Association. <https://doi.org/10.1037/0000157-002>

### **Online Dictionary Entry (Section 10.3)**

American Psychological Association. (2018). Internet addiction. In *APA dictionary of psychology*. <https://dictionary.apa.org/internet-addiction>

### **Report by a Group Author (Section 10.4)**

World Health Organization. (2014). *Comprehensive implementation plan on maternal, infant and young child nutrition*. [https://apps.who.int/iris/bitstream/handle/10665/113048/WHO\\_NMH\\_NHD\\_14.1\\_eng.pdf?ua=1](https://apps.who.int/iris/bitstream/handle/10665/113048/WHO_NMH_NHD_14.1_eng.pdf?ua=1)

### **Report by Individual Authors (Section 10.4)**

Winthrop, R., Ziegler, L., Handa, R., & Fakoya, F. (2019). *How playful learning can help leapfrog progress in education*. Center for Universal Education at Brookings. [https://www.brookings.edu/wp-content/uploads/2019/04/how\\_playful\\_learning\\_can\\_help\\_leapfrog\\_progress\\_in\\_education.pdf](https://www.brookings.edu/wp-content/uploads/2019/04/how_playful_learning_can_help_leapfrog_progress_in_education.pdf)

### **Press Release (Section 10.4)**

American Psychological Association. (2024, April 11). *People who use willpower alone to achieve goals, resist temptation, deemed more trustworthy* [Press release]. <https://www.apa.org/news/press/releases/2024/04/people-who-use-willpower>

### **Conference Session (Section 10.5)**

Davidson, R. J. (2019, August 8–11). *Well-being is a skill* [Conference session]. APA 2019 Convention, Chicago, IL, United States. [https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/APA2019\\_Program\\_190708.pdf](https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/APA2019_Program_190708.pdf)

### **Dissertation From a Database (Section 10.6)**

Horvath-Plyman, M. (2018). *Social media and the college student journey: An examination of how social media use impacts social capital and affects college choice, access, and transition* (Publication No. 10937367) [Doctoral dissertation, New York University]. ProQuest Dissertations and Theses Global.

### **Preprint Article (Section 10.8)**

Latimier, A., Peyre, H., & Ramus, F. (2020). *A meta-analytic review of the benefit of spacing out retrieval practice episodes on retention*. PsyArXiv. <https://psyarxiv.com/kzy7u/>

**Data Set (Section 10.9)**

O'Donohue, W. (2017). *Content analysis of undergraduate psychology textbooks* (ICPSR 21600; Version V1) [Data set]. Inter-university Consortium for Political and Social Research. <https://doi.org/10.3886/ICPSR36966.v1>

**Film or Video (Section 10.12)**

Docter, P., & Del Carmen, R. (Directors). (2015). *Inside out* [Film]. Walt Disney Pictures; Pixar Animation Studios.

**TV Series Episode (Section 10.12)**

Dippold, K. (Writer), & Trim, M. (Director). (2011, April 14). Fancy party (Season 3, Episode 9) [TV series episode]. In G. Daniels, H. Klein, D. Miner, & M. Schur (Executive Producers), *Parks and recreation*. Deedle-Dee Productions; Fremulon; 3 Arts Entertainment; Universal Media Studios.

**Webinar (Section 10.12)**

Lee, C., McAdoo, T., & Denny, S. (2023). *APA Style seventh edition refresher for instructors* [Webinar]. American Psychological Association. <https://apastyle.apa.org/instructional-aids/tutorials-webinars>

**YouTube Video (Section 10.12)**

Above The Noise. (2017, October 18). *Can procrastination be a good thing?* [Video]. YouTube. <https://www.youtube.com/watch?v=FQMwmBNNOnQ>

**Song or Track (Section 10.13)**

Nirvana. (1991). Smells like teen spirit [Song]. On *Nevermind*. DGC.

**Radio Broadcast (Section 10.13)**

Hersher, R. (2020, March 19). *Spring starts today all over America, which is weird* [Radio broadcast]. NPR. <https://www.npr.org/2020/03/19/817237429/spring-starts-today-all-over-america-which-is-weird>

**Podcast Episode (Section 10.13)**

Santos, L. (Host). (n.d.) Psychopaths and superheroes (No. 1) [Audio podcast episode]. In *The happiness lab with Dr. Laurie Santos*. Pushkin Industries. <https://www.happinesslab.fm/season-2-episodes/episode-1>

**Infographic (Section 10.14)**

American Psychological Association. (n.d.). *Data sharing* [Infographic]. <https://www.apa.org/pubs/journals/data-sharing-infographic.pdf>

**PowerPoint From a Classroom Website (Section 10.14)**

Mack, R., & Spake, G. (2018). *Citing open source images and formatting references for presentations* [PowerPoint slides]. Canvas@FNU. <https://fnu.onelogin.com/login>

**X Post (Section 10.15)**

Obama, B. [@BarackObama]. (2024, May 17). *Today marks 70 years since the Supreme Court handed down its landmark decision in Brown v. Board of Education, outlawing* [Post]. X. <https://x.com/BarackObama/status/1791540592238874953>

### Open Educational Resource (Section 10.16)

Fagan, J. (2024, February 7). *Nursing clinical brain*. OER Commons. Retrieved April 8, 2025, from <https://www.oercommons.org/authoring/53029-nursing-clinical-brain/view>

### Webpage (Section 10.16)

Taras, Z. (2024, May 30). *Situational irony can be funny, tragic or even terrifying*. howstuffworks. <https://entertainment.howstuffworks.com/arts/literature/situational-irony.htm>

### Webpage on a News Website (Section 10.16)

Volpe, A. (2024, June 3). *How the self-care industry made us so lonely*. Vox. <https://www.vox.com/even-better/350424/self-care-isolation-loneliness-epidemic>

### Webpage With a Retrieval Date (Section 10.16)

Worldometer. (n.d.). *Current world population*. Retrieved March 27, 2025, from <https://www.worldometers.info/world-population/>



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More information on APA Style can be found in the *Publication Manual of the American Psychological Association* (7th ed.) and the *Concise Guide to APA Style* (7th ed.).

#### CITE THIS HANDOUT:

American Psychological Association. (2025). *APA Style common reference examples guide*. <https://apastyle.apa.org/instructional-aids/reference-examples.pdf>

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